

Help! Do You Ever Wear Spanx?

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My dolls, this week I got a pair of Spanx from [FreshPair](#). But, now I'm wondering, should I wear them on my wedding day?

I went on the awesome lingerie website [FreshPair](#) (they have *everything*) and picked out a pair of [Power Panties with Tummy Control](#). At home, I tried them on with [my wedding dress](#), and they smooth everything out and don't have an underwear line. (Bingo!) But will they be comfortable to wear for seven hours?

Dear readers, do you wear Spanx? Every day or just on special occasions? How do you feel about them?



P.S. Reader's dilemma: "[I want to hook up with my crush, but I'm always wearing Spanx!](#)"

Photo: [FreshPair](#) and [J. Crew](#)